

**FIFTH ANNUAL**  
**FIGHT AGAINST COLON CANCER 5K RUN**  
**and 1 MILE FUN WALK**

**COPLAY, PA - SAT., JULY 12, 2025 - 9:00 AM**

**LOCATION:** Saylor Park, 245 N. 2nd St., Coplay on the Ironton Rail-Trail.

**REGISTRATION/NUMBER PICKUP:** Opens at 8am, 1 Mile Run/Walk at 8:30am, 5k at 9:00am.

**ENTRY** 5k/1 Mile Fun Walk: \$30 if postmarked by June 27, 2025 incl. guaranteed t-shirt. Afterwards, incl. day of race, \$35 includes T-shirt while supplies last. \$30 when shirts are gone. Special swag awarded for the first 60 sign-ups. Special additions Food Truck, live Entertainment and more..

**Optional Online Registration available at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)**  
(Nominal processing fee applies, closes at midnight, the Wed. of race week)

**PERKS** Short sleeve T-shirt for all pre-registrants and post registrants while they last, clock & results board at finish, refreshments, instant results, times posted on internet, course with no traffic on it. 1 free ticket to raffle with a chance to buy more. Held rain or shine. No refunds. No mailed shirts or awards.

**5K AWARDS** Separate awards for Top Male and Female Overall plus the following age groups: 0-18: 2M/2F, 19-29: 3M/3F 30-39: 3M/3F, 40-49: 3M/3F, 50-59: 3M/3F, 60-67: 3M/3F, 68-74: 3M/3F and 75+ 3M/3F

**DIRECTIONS** Saylor Park, 245 N. 2nd Street Coplay PA

**RACE DIRECTOR:** Delores Chalmers, 760-716-1170 or email me at [deloreschalmers2429@yahoo.com](mailto:deloreschalmers2429@yahoo.com)

**MAKE CHECK PAYABLE TO "Delores Chalmers"**  
**MAIL CHECK & FORM BELOW TO:** Delores Chalmers, 776 Mohawk Street Allentown PA 18103

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**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_

**Street:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Circle one:** 5K \_\_\_ 1M \_\_\_    **Gender:** Male: \_\_\_ Female: \_\_\_    **Race Day Age:** \_\_\_\_\_    **DOB:** \_\_\_ / \_\_\_ / \_\_\_

**Shirt Size:** S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

**Email:** (print clearly) \_\_\_\_\_ **Phone:** ( \_\_\_ ) \_\_\_\_\_

Please enter me into The Fight Against Colon Cancer 5K Run & 1 Mile Fun Run/Walk on July 12, 2025. I know that running a trail/road race is a potentially hazardous activity. I should not enter unless I am properly trained. I agree to abide by decisions of race officials relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contacts with other participants, the effects of weather (including high heat and/or humidity), traffic and conditions of the road/trail, all such risks being known and appreciated by me. Having read this waiver and these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive The FACC Organization, their officers and agents, all sponsors, their representatives and successors, including the claims or liabilities of any kind arising out of the participating in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

\_\_\_\_\_ date \_\_\_/\_\_\_/2025  
Signature & Date (Parent/Guardian if Under 18)